

VENUS

ENVY

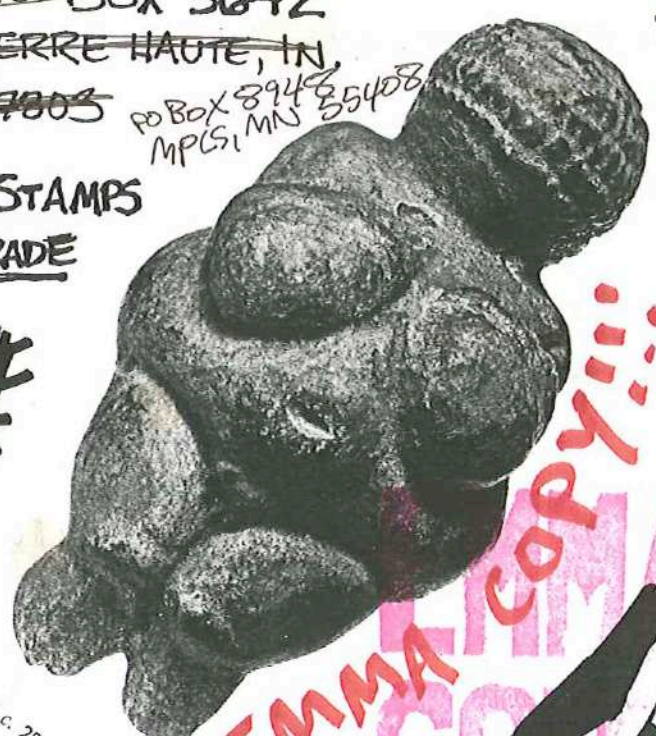
~~P.O. Box 3642~~

~~TERRE HAUTE, IN~~

~~47803~~

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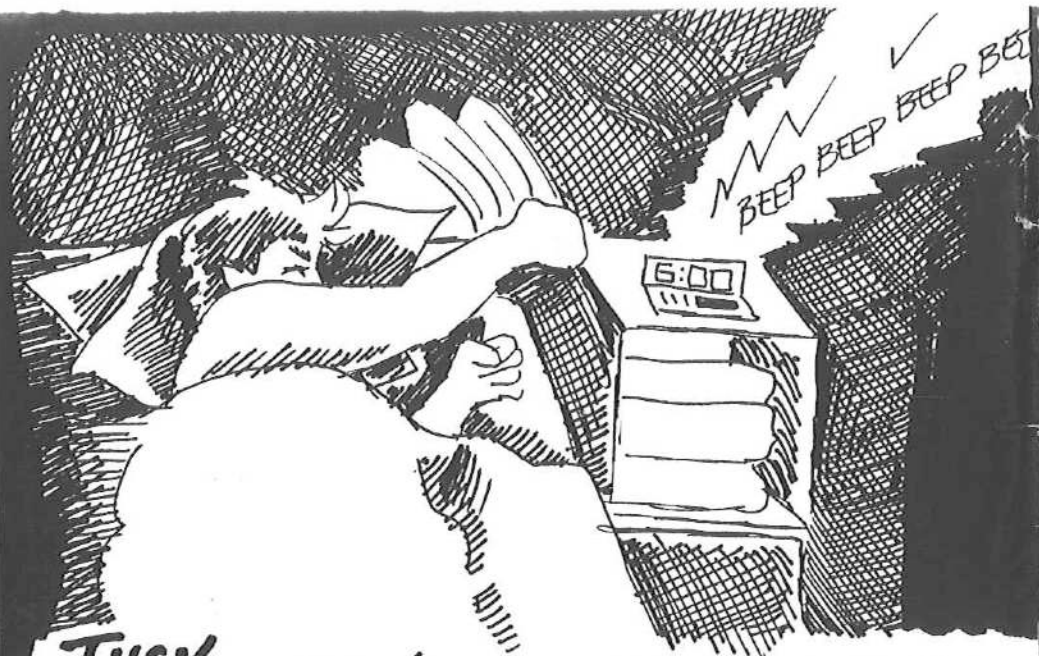
2 STAMPS
OR TRADE



1-13 Venus of Willendorf, c. 25,000-20,000 B.C. Stone.
actual size. Naturhistorisches Museum, Vienna.
(Cast of original.)

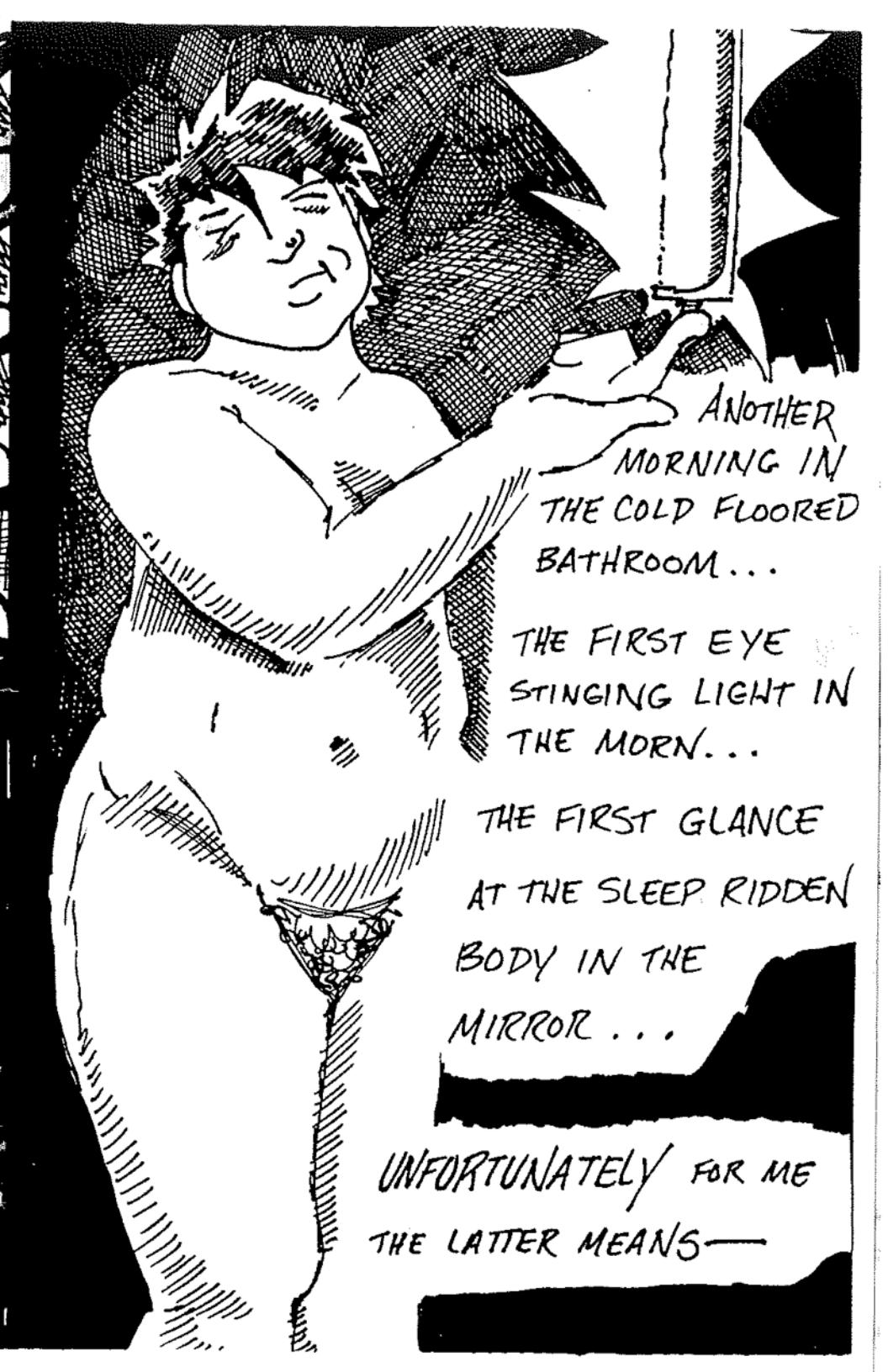
EMMA COPY!!!





FUCK... ITS 6:00 ON MONDAY AGAIN...
TIME TO GO TO THAT **USELESS** JOB....





ANOTHER
MORNING IN
THE COLD FLOORED
BATHROOM...

THE FIRST EYE
STINGING LIGHT IN
THE MORN...

THE FIRST GLANCE
AT THE SLEEP RIDDEN
BODY IN THE
MIRROR...

UNFORTUNATELY FOR ME
THE LATTER MEANS—

FAT FAT FAT FAT FAT FAT FAT FAT FAT FAT FAT FAT
FAT FAT FAT FAT FAT FAT FAT FAT FAT FAT FAT FAT
FAT FAT FAT FAT FAT FAT FAT FAT FAT FAT FAT FAT

UNACCEPTABLE

SUFFER

UGLY FAT LONELY FAT FAT FAT
LONELY UGLY UGLY STUPID

STARVE

CRY

NO WILLPOWER

LARDASS

FAT LAZY SLOB
USELESS NO GOOD

SHAME

NO BEAUTY
NO SEXUALITY

DEPRESSION

YOU'RE NO WOMAN.....

SELF-HATRE

WHO'D WANT YOU?
MUST BE A LESBIAN MUST
BE STRAIGHT MUST BE

ABUSE

TWO TONTESSE

FAT

ELF-DESTRUCT

UGLY DISGUSTING

EMBARAS

FATTY FATTY FATTY
FAT FAT

BAD

SHAME

FAT UGLY WHO WOULD BE

ATTRACTED TO YOU?

MOVABLE
FAT
UGLY
LUCK

PAIN

WHY ME?

WOMAN

YOU?

The illustration shows a person with short hair, wearing a simple top, slumped forward with their head tucked down between their arms. Their body is covered in various words and phrases related to weight stigma, such as 'FAT', 'UGLY', 'SHAME', and 'DEPRESSION'. The overall style is raw and expressive, using heavy black ink and bold lettering.



SO HERE I
AM... ANOTHER
MORNING BY MY
MIRROR CRYING
AND SUFFERING
IN EMOTIONAL
TORMENT....

FROM CHILDHOOD ON,
I'VE BEEN TAUGHT TO
HATE EVERY NOOK AND
CRANNY OF MY BODY,
THUS CAUSING INTENSE
DISLIKE, DISTRUST AND
LOATHING OF
WHO I AM....

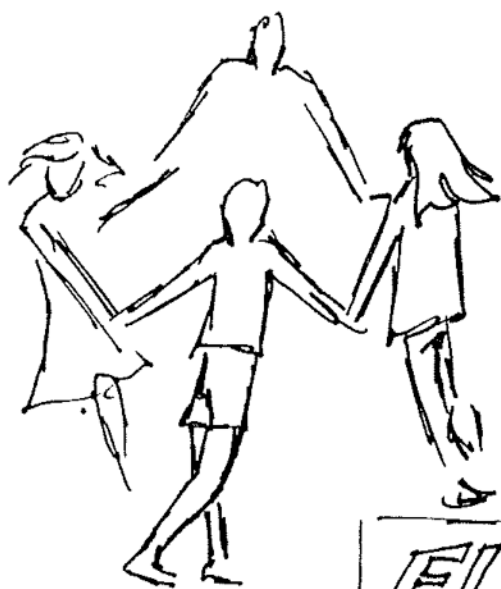


AS A PERSON...

SO HERE'S THE SCENARIO (AND WHICH
SIDE HAVE YOU BEEN ON?)....



RARELY CHOSEN FOR FUN THINGS
KIDS ALWAYS DID....



ALWAYS LEFT
OUT...

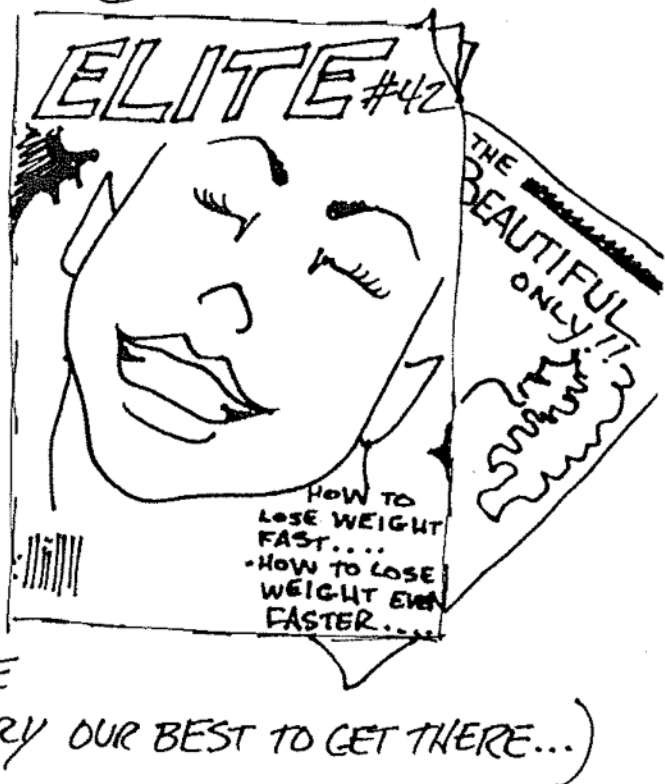
MASS MEDIA
CONSTANTLY
CHANGED....

MAKING THE
SOCIAL "IDEAL"

MORE AND MORE
IMPOSSIBLE TO

REACH...(THO' WE

WERE TAUGHT TO TRY OUR BEST TO GET THERE...)



FOR THE MOST PART, THE
FEW RELATIONSHIPS I HAD
IN MY YOUNGER DAYS
USUALLY WENT SOOR...

TAKE ~~PRICK~~



HAPPY DAY
FOR ME!

FOR EXAMPLE

WE HAD LOTS
OF FUN TILL HE
SEEMED TO
DISAPPEAR



COME TO FIND
OUT ~~PRICK~~
WAS WAY

AMPE



TOO
EMBARASSED
TO BE SEEN
WITH ME



IN
FRONT OF
HIS FRIENDS

(A GOSSIP
IN HIS GROUP

HAD TO "BREAK IT
TO ME.....")

ALONE
AGAIN

I'VE EVEN MET A FEW
COOL PEOPLE WITH
TRUE, KIND HEARTS
AND MINDS WHO LOVE
ME FOR ME
(AND EVEN CONSIDER
ME "SEXY"...)



THO' THE LOVE IS SO
GENUINE, SO STRONG...

THE FUCKING TRAINING I HAD FOR SELF-
HATRED EVEN MAKES ME NOT BELIEVE
THOSE LOVING SOULS!!!!

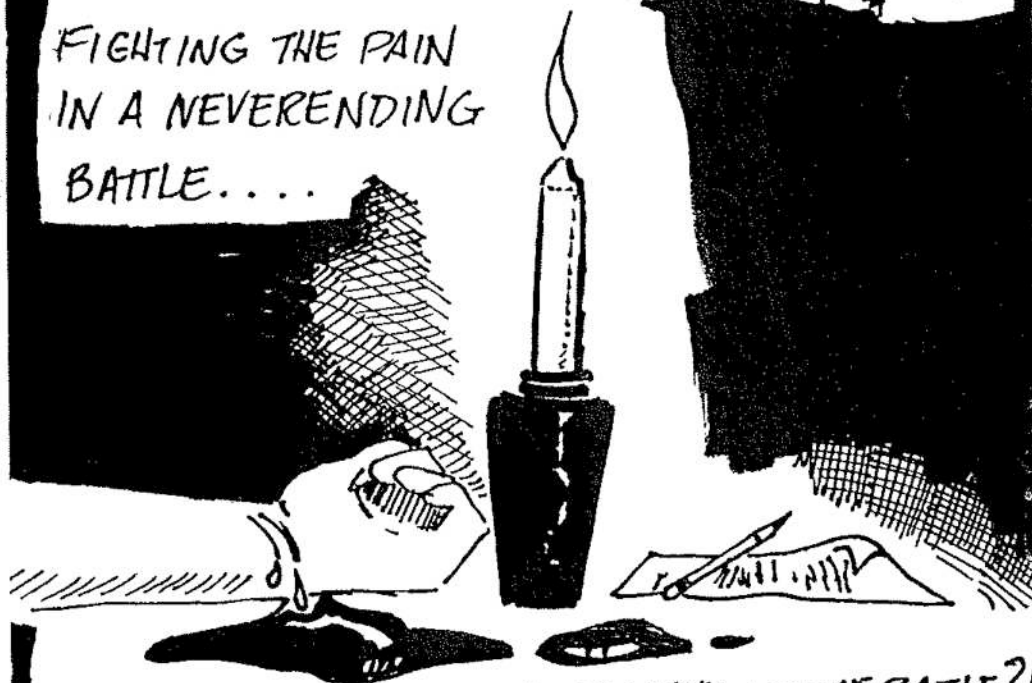
(and it makes them
hurt, too!)

SURE! I'VE TRIED ALL THE OBVIOUS "CURES"...



PUNISHING MY BODY AND
MIND AS IT HAD BEEN
BY OTHERS.....

FIGHTING THE PAIN
IN A NEVERENDING
BATTLE.....



DO YOU REALIZE HOW MANY OF US HAVE LOST THE BATTLE?!

Some facts from "The Beauty Myth" by Naomi Wolf

- * 90 to 95 percent of anorexics and bulimics are wimmin
- * America leads the **world** in female anorexia
- * Some facts quoted from the American Anorexia and Bulimia Association:

- Anorexia and Bulimia strike a **million** American wimmin every **year**
- 150,000 American wimmin **die every year** from anorexia
- Every twelve months there are 17,024 more deaths from anorexia in the U.S. **alone** than the total number of deaths from AIDS tabulated by the World Health Organization in 177 countries and territories from the beginning of the epidemic to 1988

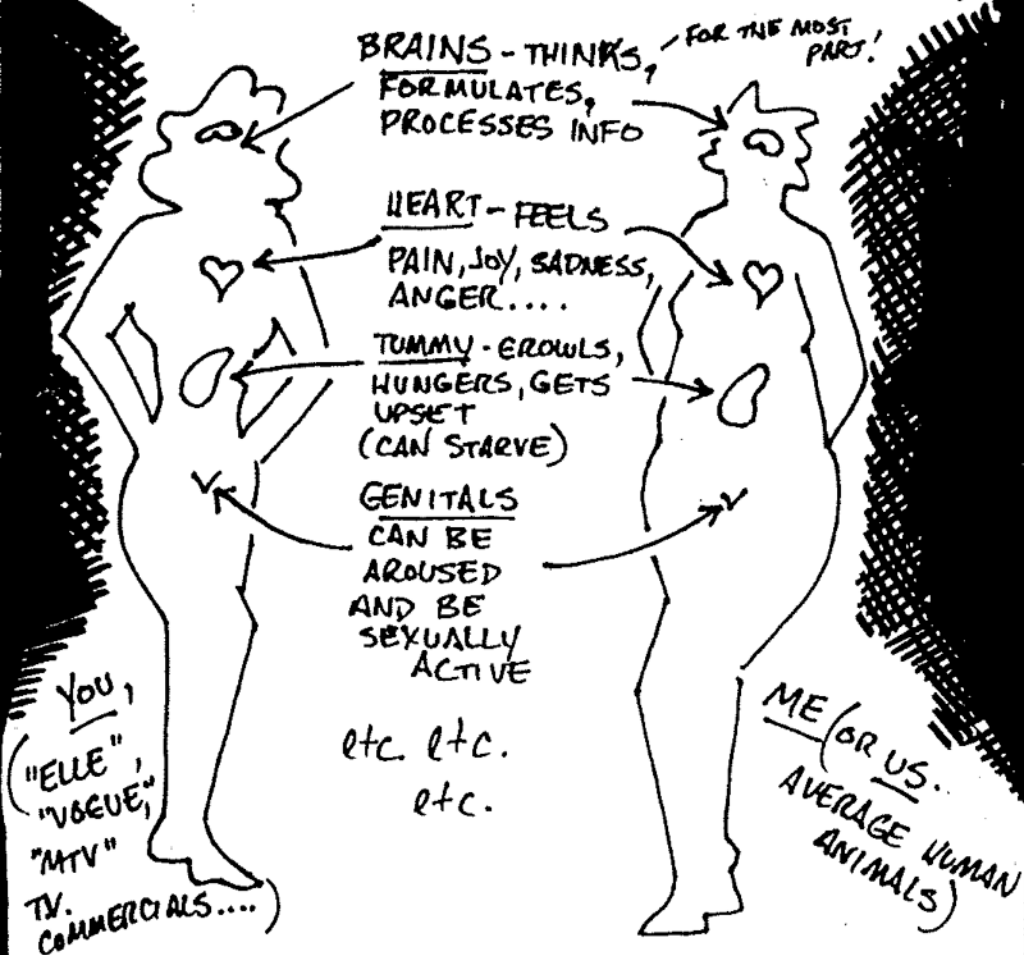
- * Joan Jacobson Brumberg in Fasting Girls: The Emergence of Anorexia Nervosa as a Modern Disease puts the number of all anorexics at 5 to 10 percent of all American Wimmin , i.e., one out of every 5 college students (wimmin) is anorexic.....



ALONE, EMPTY, AND IN PAIN WE DIE...

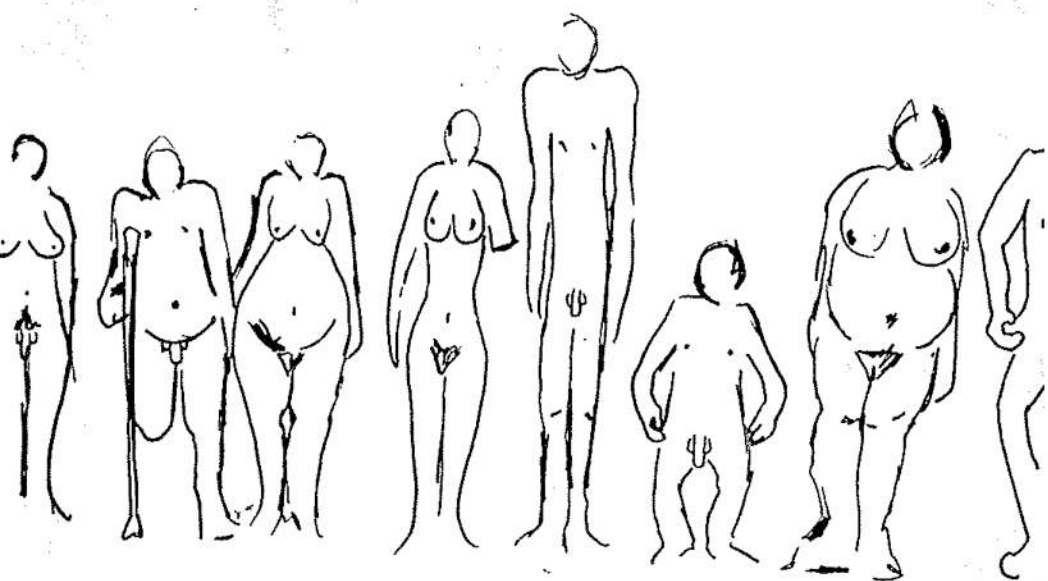
SO HOW ARE WE SO FUCKING DIFFERENT?!

THINK FOR ONE UNUSUAL MOMENT ABOUT OUR BODIES AND THIER SIMILARITIES...



SO WHEN WE HAVE THE SAME CONTENTS,
WHY DOES THE PACKAGING MAKE US
DIFFERENT? IT FUCKING DOESN'T!!!!

LOOK AROUND.....



WE ARE ALL VERY, VERY DIFFERENT....
DIFFERENT SHAPES, SIZES, COLORS,
STRUCTURES.... BUT OUR HEARTS,
DREAMS, DESIRES....

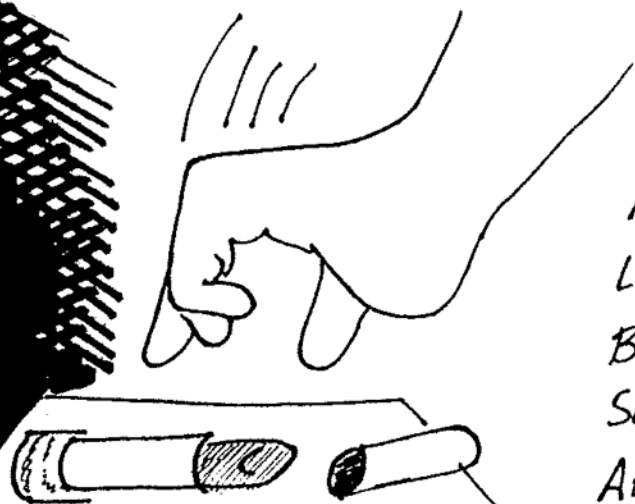
ITS ALL BASICALLY THE SAME....

I STRUGGLE EVERY DAY WITH MY
MIRROR TO REAFFIRM THAT I AM WHO

I
AM...



AND THOSE
PEOPLE WHO CAN'T
ACCEPT ME FOR WHO I AM MUST LEAD
A PRETTY SAD, SHALLOW LIFE.....



MAYBE THIS
LIPSTICK 'LL
BE GOOD FOR
SOMETHING
AFTER ALL!!



WANTED:
HEARTS AND MINDS
OPEN AND FREE
FOR LOVE, @,
PEACE and
UNDERSTANDING
XO M@CE

Ⓔ THE END Ⓐ

NEWSWEEK: SEPTEMBER 3, 1990

Oh, Come On Fatties!

GAIN RESPECT

THOUSANDS HAVE LOST WEIGHT AND YOU CAN TOO!

BY KEN HECHT

A recent issue of The New England Journal of Medicine reported that genetic makeup is highly influential in determining how the body handles unneeded calories and distributes body fat. In other words, some people are destined to be fat. This is information that should be withheld from the fat multitudes because the obese will latch onto any excuse for failing to lose weight. And destiny is a dandy excuse. I speak from personal experience.

TRADE YOUR OLD BODY FOR A NEW ONE

I know my tone may seem cold, harsh and lacking in understanding. But reality often comes in a cold, harsh package. And I understand the devastation to the quality of one's life caused by those feelings of hopelessness and self-loathing. What I also understand is that excuses and the never-ending search for magic bullets keep the overweight stuck where they are: miserable and low on self-esteem.

By way of advice to the fat, I have nothing to



Let's face it, the obese will latch onto almost any excuse to justify being fat

How Together with Your Diet You'll...
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Bumps & Inches**

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"Extra at my better self!"

Lose All The Weight You Can!

100% SUCCESS GUARANTEED

Hecht is a TV producer-writer in Los Angeles.
LIKE THIS GUY WOULD HAVE A GRASP ON REALITY ANYWAY!
LOSE UP TO 50 POUNDS

BEAUTIFUL by Cindy Headley

Beautiful body, he said.
She smiled briefly, turned, ordered
a drink

Mmm...whiskey, our favorite.

She's dead now.

Cardiac arrest due to bulimia.

And someone thought she had a
beautiful body

5'5"-93 lbs.-a beautiful body?!?

Some call it suicide

But I think it's murder

Murder by images

Images that say skinny is
beautiful

Your body and looks are who
you are

Images that are everywhere

Billboards, commercials,

TV shows

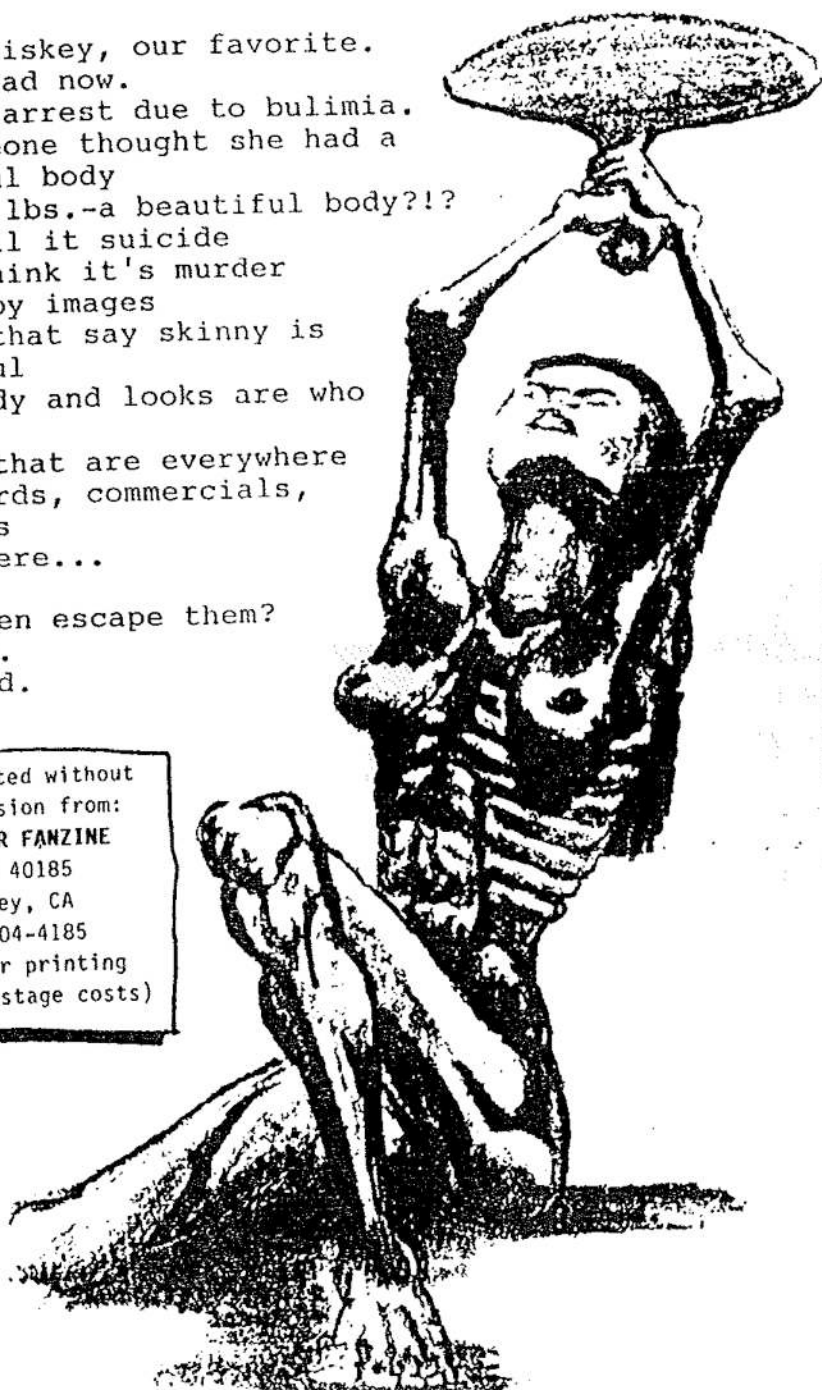
Everywhere...

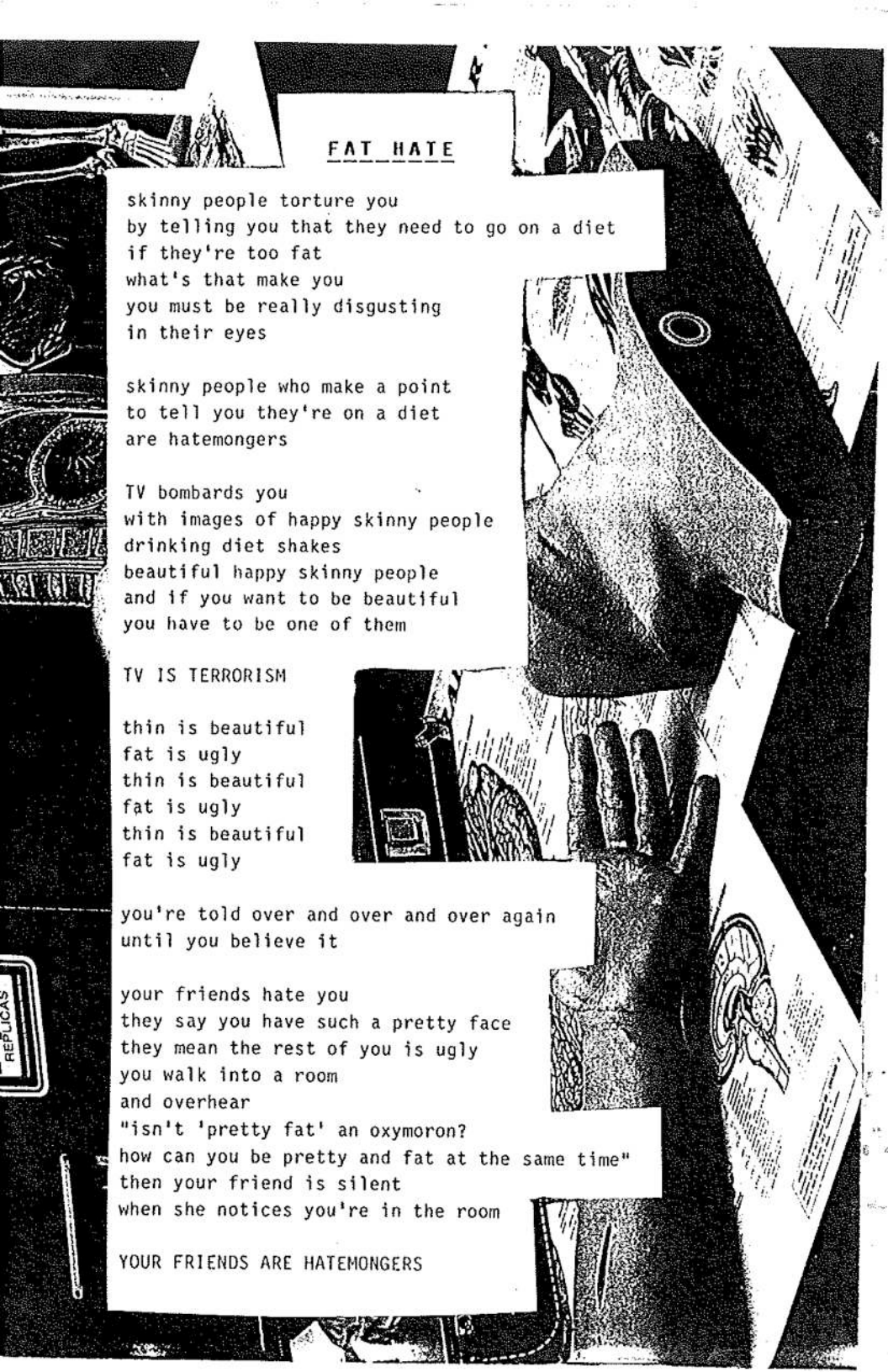
Can women escape them?

She did.

she died.

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and postage costs)





FAT HATE

skinny people torture you
by telling you that they need to go on a diet
if they're too fat
what's that make you
you must be really disgusting
in their eyes

skinny people who make a point
to tell you they're on a diet
are hatemongers

TV bombards you
with images of happy skinny people
drinking diet shakes
beautiful happy skinny people
and if you want to be beautiful
you have to be one of them

TV IS TERRORISM

thin is beautiful
fat is ugly
thin is beautiful
fat is ugly
thin is beautiful
fat is ugly

you're told over and over and over again
until you believe it

your friends hate you
they say you have such a pretty face
they mean the rest of you is ugly
you walk into a room
and overhear
"isn't 'pretty fat' an oxymoron?
how can you be pretty and fat at the same time"
then your friend is silent
when she notices you're in the room

YOUR FRIENDS ARE HATEMONGERS

doctors tell you for \$1,000
they can make you thin
they claim you'll be healthy
and as an added bonus
you'll be beautiful
they just want to cut you open
or starve you
and watch you gain it all back
so you'll give them another \$1,000
i've seen it happen before

DOCTORS ARE HATEMONGERS

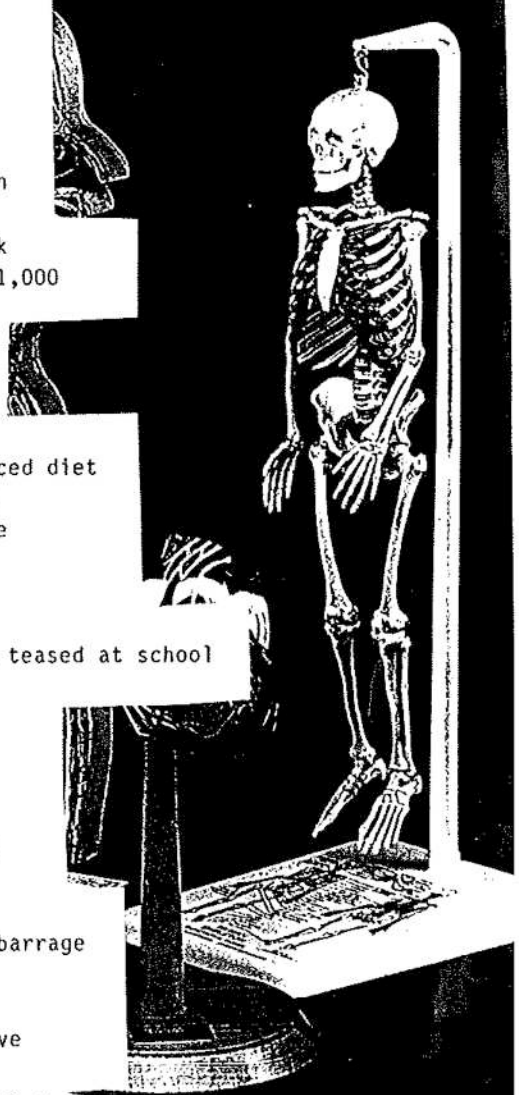
when you were a child
your parents put you on a forced diet
even your own fucking parents
can't love you for who you are
but oh
you have such a pretty face
and
we just don't want you to get teased at school
(you fat ugly pig)

YOUR PARENTS ARE HATEMONGERS

who gives a fuck
who in the world gives a fuck
what fat people feel
what fat people think
if you object to the massive barrage
of hateful talk on TV by the
aesthetic supremists
you're just being too sensitive
SHUT UP FATSO
you don't count
you don't matter

shut up fatso

jeff Sub-humyn
c/o HARMFUL MATTER zine
po box 3642
terre haute, IN 47803
(2 stamps, trade, 50¢
or whatever)



**From the smelly punk bastard
writer of VOMIT BLOOD:**

The fucking patriarchal system is turning the wimmins liberation movement against its self by the use and abuse of the female anatomy. notice that as the striving for equality is painfully being fought. There has been a widespread glut of beauty, fashion, and weight loss programs. In the war against wimmin (and make no mistake, it is a war as real as any other) our fascist government and their state controlled media promote the ideas of fashion consciousness and an unattainable degree of physical beauty. The reason why this is being done is quite simple: At 52% of the population, wimmin pose a potential threat to a male dominated society, so of course it is in the bastards self-interest to continue to keep wimmin feeling like shit and powerless. By targeting the physical aspects of wimmin, the system guarantees that men will dominate wimmin, because wimmin will feel so inferior about their own bodies that this insecurity will creep into other areas, and if this is not always true, then the issue of physical attractiveness is turned to nullify any issue of relevance. The persyn wanting equality and justice is dismissed as "the fat, ugly feminist", for example. And this suits our Patriarchy just fine. The pigs have laws passed and court rulings designed specifically to disempower wimmin based solely upon physical reasons. In the court case Barnes vs. Costle, the fascist judge ruled that if a womyns physical characteristics were the reasons given for sexual harassment, then the way she looked became the problem, NOT the harassment, and therefore no protection under the Civil Rights act. In Tamini vs. Howard Johnson Co. (BASTARDS!), Ms. Tamini was "legally" fired for not wearing makeup. With Vinson vs. Meritor Savings Bank, Ms. Vinson was raped by her boss but the dude walked because Judge Swine thought she "welcomed it" with her appearance. For Hopkins vs. Price Waterhouse, Ms. Hopkins was denied a partnership because she wasnt "feminine enough" and didnt wear makeup.

Rape, insult, degradation... Overwhelmed? That's exactly what our system wants you to feel. But together, as wimmin and men, we can do away with this conditioning, this abuse. WIMMIN: Protest, riot, fight back, fuck shit up, but NEVER allow yourself to feel guilty for your abuse. Learn to love yourself and your body for who you are and what you can do, as well as who you are not and what you can't do. MEN: I share your gender. I know what sexist pigs we can be, it's fucking time to start viewing wimmin as equals, NOT beneath us as some sort of fucktoys. Relinquish your power over wimmin and learn that REAL strength comes from within, not dominance over others! We can overthrow our patriarchal government (as we should!) but ultimately, the change to end this shit will come from ourselves, with our attitudes and your actions. So let's work together to truly end sexism and, in the process, FUCK THE GOVERNMENT HARD! Michael Wood




BREW YOUR OWN BEER, SUPPORT
D-I-Y PUNK PROJECTS, GO
VEGETARIAN, TAKE THE
TIME TO LEARN HOW
ANARCHY WORKS



VOMIT BLOOD
po box 65072
St Paul, mn
55165-0072


2 stamps, or
trade w/d-i-y
punk zines!



"Women must claim anorexia as political damage done to us by a social order that considers our destruction insignificant because of what we are-less. We should identify it as Jews identify death camps, as homosexuals identify AIDS: as a disgrace that is not our own, but that of an inhumane social order.

"Anorexia is a prison camp. One-fifth of well-educated American young women are inmates. Susie Orbach compared anorexia to the hunger strikes of political prisoners, particularly the suffragists. But the time for metaphors is behind us. To be an anorexic or a bulimic is to be a political prisoner."

from Naomi Wolf's
Beauty Myth



Well, I did it.

Thanks for reading **Venus Envy # 1**. The format and contents of this one was pretty focused. In the future I'd like to open the floor, so to speak, to make my issues into a wide-encompassing 'zine. There's too much fucking shit being done to us to be silent.

'Nuff sed.

I'd also like to take some time to thank some very special people in my life. First of all, to **Jeff the subhumyn freak**, for lending me the shoulder to cry on while this thingy was taking shape. That's one anarchist

who is 100% PUNK AS FUCK!!!! (check out his 'zine, **Harmful Matter**, c/o the same p.o. box as **Venus Envy**).

Also a big **FUCKIN' THANK YOU** goes out to Michael Wood for proving to me that there are still beautiful people somewhere out there with fucking 'right-on-it' brains and hearts. You're a good animal, Michael (p.s., check out his 'zine **Vomit Blood**, at p.o. box 65072, St. Paul, MN. 55165...postage 2 stamps or trade with other D-I-Y punk 'zines...its also quite fuckin' cool!!!)

There's not too much info out and about on fat prejudice. In this zine I quoted a bit from **The Beauty Myth** by Naomi Wolf. Check that one out, its really angry with a lot of good facts. Also, check out the Youth Green Clearinghouse pamphlet "The Fat Illusion" for 50¢ (p.o. box 7293, Minneapolis, MN. 55407). If you are involved in some way on trying to dispell this shit prejudice (and we are talking about **all** prejudices, now) and would like to correspond, drop a line to: M@CE, c/o Venus Envy...p.o. box 3642, Terre Haute, In. 47803. (or if you are as fucking fed up as me and need to talk....)

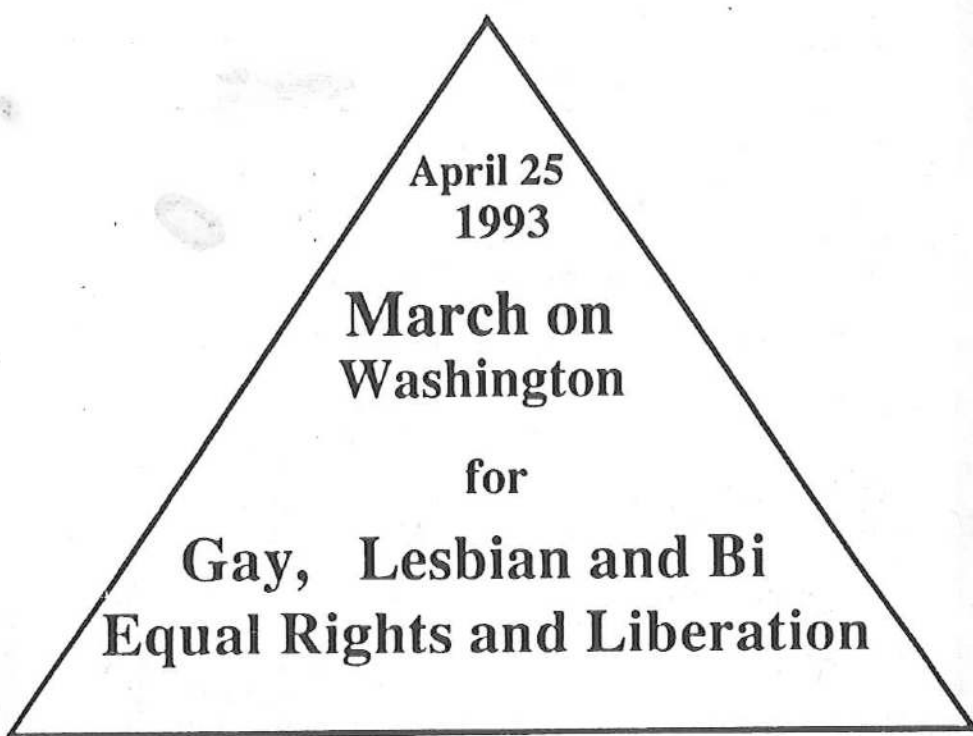
→ Po Box 8948 MPLS, MN 55408

Lastly, I would like to send out a **big green speckled FUCK YOU** to parties like VOGUE, GLAMOUR, all those shit magazines, all that shit t.v. advertising, and any of you fuckers that help promote the suffering we humyns are going thru....cheers!!!!

M@CE (in yer face)

p.s. listen to spitboy and read Too Far 'zine (remember the poem a few pages ago?) because they fuckin'rule!!!!!!





**April 25
1993**

**March on
Washington**

for

**Gay, Lesbian and Bi
Equal Rights and Liberation**

ANARCHIST CONTINGENT

Several members of the Love & Rage Network will be attending the march and would like to get together an anarchist contingent (the idea is to make it easier for interested anti-authoritarians to connect, not for L&R to plan an action and recruit participants....this is not intended as a 'black bloc'). Some people may also want to stay for the Monday civil disobedience actions planned by the march organizers. We are looking for sleeping space in DC (which is already filling up) and requesting a place in the line up near ACT UP/QN and other street activists. The march organizers have a broad progressive agenda (anti-racist, favoring national health care and indigenous self determination) which L&R has endorsed. Please come and show your support for sexual liberation!

FOR MORE DETAILS, CONTACT L&R AT 212-925-7966